

Wiggle Beat

Health Information and Consent Form

For your own safety, this form must be completed prior to participation in the class. Please read the following information carefully, and answer all questions to the best of your ability. If you have any questions about the class, or your ability to take part, please speak to the class teacher.

| PERSONAL DETAILS | | | |
|------------------------------|---------------|--|--|
| NAME | DATE OF BIRTH | | |
| ADDRESS | | | |
| | | | |
| TEL: | EMAIL: | | |
| PREFERRED METHOD OF CONTACT: | | | |
| CHILD'S DETAILS | | | |
| CHILD 1 | CHILD 2 | | |
| DOB | DOB | | |
| CURRENT AGE | CURRENT AGE | | |
| EMERGENCY CONTACT DETAILS | | | |
| NAME | RELATIONSHIP | | |
| TEL: | MOB: | | |

| YOUR HEALTH | | |
|---|--|--|
| Do you have, or have you ever had, any of the following ? Please tick and give any relevant details | | |
| Back pain/problems | | |
| Joint or muscle pain or injury | | |
| Breathing difficulties | | |
| Dizzy spells/feeling faint | | |
| Seizures or epilepsy | | |
| Heart problems | | |

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| YOUR | HE | ALTH | | |
|--|------|----------|--|--|
| Have you had any operations in the last 2 years? | | | | |
| Are you taking any medication which may affect your ability to exercise? | | | | |
| Do you have any other medical condition, illness or disability not covered by the above? | | | | |
| Are there any particular movements which cause you pain? | | | | |
| VOUR CHT | יח ו | S HEALTH | | |
| YOUR CHILD'S HEALTH | | | | |
| Please give details below of any specific medical or developmental needs that might affect your child' ability to participate in the class. | | | | |
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| | | | | |
| DECLARATION. | | | | |
| DECLARATION | | | | |
| I confirm that I have read and understood the advice above, and that I have answered all relevant questions fully and correctly. | | | | |
| I understand that the information I have provided on this form will be kept confidential and will not be shared with any third parties. | | | | |
| I understand - and give permission for - photography and video images that may be taken during classes, may be used for promotional and reporting purposes. Images may appear in printed marketing material, in the press/newspapers, online, and on social media pages. [Photograph subjects will not be identified by name unless by prior agreement.] | | | | |
| SIGNED | | | | |
| Name | | Date | | |